

Hang one's head:

(To look ashamed or embarrassed) - we all hung our heads when our team was last in the competition.

Hard and fast:

(Strict) - There are some hard and fast rules in every walk of life, and we must follow them.

Have a bone to pick:

(Have a cause of complaint) - I've a bone to pick with you about your behaviour yesterday.

Have one's back to the wall:

(To be in a very difficult or desperate situation) - He certainly has his back to the wall as he has lost his job and cannot find another one.

Head or tail:

(Any sense) - I could not make head or tail of his account of the accident.

High and Dry:

(out of water; in a dry place; safe) - Just where the eastern curve begins stands Kingscliff, a cluster of white cottages, fronted by a white beach, whereon some half-dozen of stout fishing-smacks are hauled up high and dry.

Hue and cry:

(Noise) - The government wakes up only after people raise a great hue and cry.

In cold blood:

(Without passion; deliberately) - The suggestion of such a contingency - which, of course, meant total failure - in cold blood (without any passion) filled up the cup of the antiquary's indignation.

In consequence of:

(As a result of) - He suffered much in consequence of his youthful follies.

In deep water:

(In difficulties or trouble) - He found himself in deep water when he took over the management of the firm.

In due course:

(At the proper time) - When the boys got promotion, which came in due course.

In full swing:

(At its busiest; busy and thronged) - The street market was in full swing.

In no time:

(Very quickly) - He was able to finish his homework in no time.

In the air:

(Being talked about) - The possibility of the railwaymen going on strikes is in the air.

In the long run:

(In the end) - Truth will be victorious in the long run.

In the nick of time:

(Just in time) - A motorbike came round the corner at high speed and I stopped back into the pavement in the nick of time.

In the nick of time:

(Just in time) - He reached the station in the nick of time.

In the same boat:

(In the same, usually difficult, position or circumstances) - We're all in the same boat as far as low wages are concerned.

In the seventh heaven:

(Extremely happy) - When she won the prize she was in the seventh heaven.

In the twinkling of an eye:

(in an instant) - The pickpocket took my purse and disappeared in the twinkling of an eye.

In the wake of:

(Following close upon) - Shortage of all types of daily needs occurred in the wake of the railway men's strike.

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